

# NBRC Lap Pool

April, 2013

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
6:00am	<b>Elks</b> 6:00-7:15 *6 Lap Lanes	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>Boulder Swimming</b> 7:00-9:00 *3 Lap Lanes	
6:30am							
7:00am							
7:30am	<b>Lap Swim</b> 7:15-9:00	<b>Drop-in H2O Fit</b> 8:00-9:00 *5 Lap Lanes		<b>Drop-in H2O Fit</b> 8:00-9:00 *5 Lap Lanes			<b>Masters</b> 8:00-9:30 *2 Lap Lanes
8:00am							
8:30am							
9:00am	<b>Drop-in H2O Fit</b> 9:00-10:00 *4 Lap Lanes		<b>Drop-in H2O Fit</b> 9:00-10:00 *4 Lap Lanes		<b>Drop-in H2O Fit</b> 9:00-10:00 *4 Lap Lanes	<b>Boulder HS &amp; Elks</b> 9:00-10:30 *4 Lap Lanes	<b>Masters</b> 9:30-10:30 *4 Lap Lanes
9:30am							
10:00am							
10:30am	<b>Lap Swim</b> 10:00-10:30	<b>Lap Swim</b> 9:00-12:00	<b>Lap Swim</b> 10:00-10:30	<b>Lap Swim</b> 9:00-12:00	<b>Lap Swim</b> 10:00-10:30		
10:30am							
11:00am							
11:30am	<b>Masters</b> 10:30-11:30 *4 Lap Lanes		<b>Masters</b> 10:30-11:30 *3 Lap Lanes		<b>Masters</b> 10:30-11:30 *4 Lap Lanes	<b>BHS &amp; Elks</b> 9:00-11:30 *6 Lap Lanes	<b>Lap Swim</b> 10:30-1:00
12:00pm							
12:30pm							
1:00pm	<b>Lap Swim</b> 11:30-3:30	<b>Masters</b> 12:00-1:00 *3 Lap Lanes		<b>Masters</b> 12:00-1:00 *3 Lap Lanes			
1:30pm							
2:00pm							
2:30pm	<b>Lap Swim</b> 1:00-4:00		<b>Lap Swim</b> 11:30-3:30	<b>Lap Swim</b> 1:00-4:00	<b>Lap Swim</b> 11:30-3:30	<b>Open Swim</b> 1:00-4:00 *4 Lap Lanes	<b>Open Swim</b> 1:00-3:00 *4 Lap Lanes
3:00pm							
3:30pm							
4:00pm	<b>Boulder HS &amp; Elks</b> 3:30-6:00 *2 Lap Lanes	<b>Boulder HS &amp; Elks</b> 3:30-6:00 *2 Lap Lanes	<b>Boulder HS &amp; Elks</b> 3:30-6:00 *2 Lap Lanes	<b>Boulder HS &amp; Elks</b> 3:30-6:00 *2 Lap Lanes	<b>Boulder HS &amp; Elks</b> 3:30-6:00 *2 Lap Lanes		<b>Lap Swim</b> 3:00-4:30
4:30pm							
5:00pm							
5:30pm	<b>Aqua Zumba &amp; Diving Board</b> 5:45-6:45 *4 Lap Lanes		<b>Aqua Zumba &amp; Diving Board</b> 5:45-6:45 *4 Lap Lanes		<b>Lap Swim</b> 6:00-7:00		<b>AquaTeens</b> 4:30-7:30 *4 Lap Lanes
6:00pm							
6:30pm							
7:00pm	<b>Pre/Post Natal H2O Fit</b> 7:00-8:00 *5 Lap Lanes	<b>Swim Lessons</b> 6:05-6:40 *6 Lanes					
7:30pm							
8:00pm							
8:30pm	<b>Lap Swim</b> 7:00-9:00	<b>Lap Swim</b> 6:40-9:00		<b>Lap Swim</b> 7:00-9:00			
9:00pm							

\*Indicated Number of Lap Lanes Open to the Public  
 \*\*ALL POOL SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\*

North Boulder Recreation Center- 3170 N. Broadway; (303) 413-7260  
[www.BoulderAquatics.org](http://www.BoulderAquatics.org)

SWIM MEET THURSDAY 4/4, 4/18 4/25 @ 3-7pm LAP POOL CLOSED

